

HJC LAKERS



Dates to Remember

- April 25: HJ Cody Gives Back
- April 25: School Council Meeting @ 7pm
- May 1: Hats off for Mental Health Day
- May 2: Virtual and Phone Parent Teacher Interviews
- May 3: Professional Learning Day (No school)
- May 15: Impaired Driving Assembly
- May 16: Grad Breakfast
- May 17: Professional Learning Day (No school)

Dear Laker families,

Today marked our first annual HJ Cody Gives Back event. Thank you to our amazing students for being amazing Laker ambassadors today. We truly have amazing kids! I would like to express my gratitude to all of our community supporters including Bethany, the Town of Sylvan Lake, Town of Sylvan Lake Library, our elementary schools, Fox Run, Sobeys, and Tim Hortons. Lastly, this event could not have happened without the leadership of our staff and the support of our parents. Thank you.

Next Wednesday, we will be acknowledging Hats on for Mental Health Day. Please encourage your child to wear a hat. On this day we will have an assembly with the multi award winning speaker and Psychologist, Brett Gardiner. Brett is a past Laker staff member and has a gift of connecting with people. We are thrilled to have him speak to our student body about mental health and the importance of connection.

Please note the modified schedule for May 1st:

Block 1: 8:35-9:40

Block 2: 9:47-10:48

Assembly: 10:55-11:55

Lunch: 11:55-12:45

Block 3: 12:50-2:07

Block 4: 2:14-3:15

Midterm grades and comments can now be found on PowerSchool. By clicking on the grade, you will see the breakdown of your child's mark including any missing assessments. Parents are encouraged to connect with their child's teachers with any questions and/or concerns. With the year end fast approaching, we ask for your support in encouraging your students to submit all assigned work and study for their assessments.

Our second round of Parent Teacher Interviews is scheduled for May 2nd from 5-8 pm. Please note that these interviews are **Virtual or Phone Interviews**. To sign-up, please click [here](#). The booking code is: **yev2u**

Students going into grade 10 - 12 can now register for the free online Jump Start course. In this course students will learn the functions of Google Suites, earn credits and earn a free Chromebook. Click [here](#) to learn more and to register. The deadline for registration is June 12th.

Grad Prom tickets are now on sale and can be purchased in the office or through your QuickPay account. A reminder to all parents of graduates that all student fees must be fully paid prior to students receiving their cap and gown at the end of May. Should you have any questions, please reach out to Ms. Fellows in the office.

Thank you for your continued support of our school community. Please do not hesitate to reach out if you have any questions.

Kind regards,
Alex Lambert, Principal



YEARBOOK

This is the last week to order a yearbook. Yearbooks must be paid for by Friday or one will not be ordered for you.



Grade 11s...

Would you like to confirm your Grade 12 course selections and your career path plan? You are invited to set up your career/course planning meeting with Ms. Donaghy by emailing tdonaghy@cesd73.ca, or dropping by Room 130 before/after school, in Block 2 or at lunch. In Block 1, please check in Mr. Payne's office.



Walk *Shoes*

A Mile In HER

SYLVAN LAKE



In partnership with:



Hope for all.

JUNE 5, 2024
11:00 AM

ROUTE:
HJ Cody (front lot) -
Bethany and back to
HJ Cody

Come together as a community to stand
up against gender based violence.



Register or donate:
[theoutreachcentre.org/events/
WalkaMileSylvan](https://theoutreachcentre.org/events/WalkaMileSylvan)





MOTHERS DAY SALE

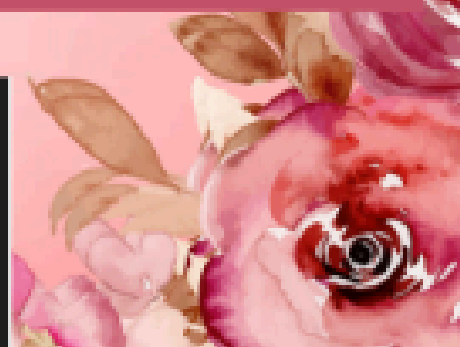
**2 INCH
SUCCULENT
PLANT \$12**

**CREATIVE GEMS
WILL BE DOING
PRESALE FOR
MOTHERS DAY!**

**IT MAY VARY WHICH
SUCCULENT
IF INTERESTED EMAIL
MRS.SCHULTZ AT
HSCHULTZ@CESD73.CA**



**CREATIVE
GEMS**
HJ CODY



JUMPSTART

HIGH SCHOOL

ONLINE

CTS

**STARTS
JUNE 13**

**GOOGLE
WORKSPACE**

**6
CREDITS**

BAM!

**EARN A
CHROMEBOOK**





ROCK THE DIPLOMA

A power weekend of Diploma Exam prep for
Central Alberta high school students.

June 7, 8, 9

Fri 6pm-9:30pm
Sat 10am-4:30pm
Sun 10am-4pm

English 30-1
Social 30-1
Math 30-1A*
Biology 30 A

*Sat & Sun 9:45am start for Math 30-1 only

June 14, 15, 16

Fri 6pm-9:30pm
Sat 10am-4:30pm
Sun 10am-4pm

Math 30-1B*
Math 30-2
Biology 30 B
Chemistry 30

*Sat & Sun 9:45am start for Math 30-1 only

June 21, 22, 23

Fri 6pm-9:30pm
Sat 10am-4:30pm
Sun 10am-4pm

Chemistry 30B
Physics 30

Please visit the LTCHS Career
Centre via the QR code or at:

www.rdpd.ab.ca/lindsaythurber/page/6620/rock-the-diploma

Fee: \$135 per course



Certified teachers with significant curriculum experience provide the tools and expertise for these sessions. Along with study notes and practice exams, this program provides a very effective Diploma Exam review.

Registration is online and all courses are in person at Lindsay Thurber Comprehensive High School in Red Deer. For more information call 403-356-5315

Online Safety & Awareness for Families

IN ALBERTA, CHILD EXPLOITATION IS REAL

Learn best practices for keeping youth safe in the always evolving world of the internet and technology.

Tuesday, May 21

Alliance Community Church
4404 47 Ave, Sylvan Lake AB T4S 1N4

6:30 PM - 8:00 PM

Presented by Cst. Heather Bangle
ALERT Southern Alberta Internet Child Exploitation (ICE) Unit



Registration required

For more information, contact **403 864 5583**



VETERANS VOICES OF CANADA

Take one!

"A Minute In History"

Monthly 2024 Edition
April Newsletter



Al Cameron, Founder

Another month has passed and we continue to honor our veterans who serve and sacrifice; Voices of Canada honors by our professional on-camera documentation, tributes, support and educational displays...remembering 365 days of the year.

Focusing on our important history makers, we strive to ensure Canadians never forget their service and sacrifice. There are many ways to honor them, and we do that by reminding Canadians we need to remember our heroes, young, and not so young so that we never forget.

With your donations and support, we promise to honor those who helped make history AND support them throughout the year. Become a part of keeping history. Please support our work in honoring our young, and not so young heroes today.

I'd also like to thank our advertisers in this newsletter for the support. You've never seen a community newsletter like this one!

History Interest and Learning Centre

Our "micro museum" seems to be a hit! With memorabilia from all periods and branches of our Canadian military we have had many visitors from across Canada and further since June 3rd of 2023!

When you come in to visit us, you will be welcomed in to see many historically important artifacts as well as have the opportunity to talk about some history with our volunteer staff. Our history and history makers MUST never be forgotten, and this is another way we do it at Veterans Voices of Canada. Watch for guided tours and presentations by history makers and documentarians!

We continue to accept historical items for display. Military photos, posters, documents, uniforms, helmets, weaponry, daggers, flags from the good guys and the bad guys, for all to see and appreciate.



We accept all donated militaria

WE NEED YOUR HELP. PLEASE DONATE TODAY!

BN# 819452699R001

VETVOICECAN.ORG

Veteran Profile- Perley Cameron, North Nova Scotia Highlanders



Well I served with both the Cape Breton Highlanders and then I transferred to North Nova Scotia Highlanders. I finished the rest of the war out with them.

We felt pretty good about it, we wanted to get into action. That's why I transferred from the Cape Breton Highlanders to North Nova's we figured we were never going to get into action. Little did we know what we were going to face.

The training we had in Canada was mostly for discipline. The real hard training and what really, well, "prepared" us for somewhat for the landing on the beach of Normandy was in England. We were at Hells Corner for about 3 weeks. This is after we attacked the two villages of Le Buissons and Authie. That's where the Germans really pounded us, then surrounded us.

Some of us were lucky enough to get back to Hells corner and regroup. That's where we stayed until made our second attack. Coming back there was a tank battle going on between our tanks and the Germans. I drove through on the carrier to deliver ammunition. The German tanks weren't bothering with me. I wasn't any immediate threat to them. The Germans had the 88 millimeter, oh it was a terrible weapon. It was first designed for anti-aircraft and later on they found it was a terrific weapon against troops.

It was one of the most effective weapons ever made up by the German industry. It was used against tanks, troops...whatever and they used it to great effect.

When it ended somebody come back and told me the war is all over. All I wanted to do was get some sleep, so I found a place where there was a bed and I could put a chair underneath the door. I put a pistol underneath my pillow and jammed a chair in front of a door and went to sleep. That's something the soldier is always looking for, to get a place to lay his head down and get some sleep.

I served in England and then we fought through France, Belgium, Holland and Germany. From D-Day right on until we ended up in the Zeiger Zee. I was left out of one battle that's all. Seen all the rest of them. I was happy to be headed home.



Sgt. Spankers Says...

After the attack on Pearl Harbor on December 7th, 1941 a white Pointer dog named "Judy" was the only canine prisoner of war during WW2. She was captured by the Japanese along with the crew of the HMS Grasshopper while evacuating Allied forces from Malaya into Singapore.

Spotlight Business of the Month!

Benjamin Moore
THE PAINT STOP INC. Your Decorating Centre
"Where Colour & Service Come Together"

The Paint Stop, Sylvan
Lake, AB 150 Pelican Place
(403) 887-2102

Spotlight Business of the Month



"THE LEADING EDGE OF INNOVATION TO OUTPACE THE GROWING DEMANDS OF CLIMATE READINESS."

4212 Hewlett Drive, Red Deer
County, Alberta
T4S 2B3

Budget Signs
Graphics & Promotions

Red Deer: 403-358-4831

Provides signs, decals, and banners for all your signage needs!

CONTACT TREVOR PRAGNELL
7459-49 ave, Red Deer

The Bear House

Red Deer's Largest Selection of Brand Name
Plush Toys and Stuffed Plush Pals
Parkland Mall
460-4747 67 St Red Deer, AB
(403)348-0200



We're a registered charity run by volunteers that supports our Veterans in need across Canada through many different programs.
403-543-4670
canadianlegacy.org



The Veterans Association Food Bank is dedicated to supporting and enriching the lives of Veterans and their families. Call for assistance 24 hours a day, 7 days a week.
(403) 367-8387
#10 820 28th Street NE
Calgary, Alberta T2A 6K1

TD BOBCAT
SERVICES

19 Sylvaire Close, Sylvan Lake, AB T4S 2H6
(403)887-3100

To receive our monthly newsletter by email, contact us at vvoc2022marketing@gmail.com

PLEASE VISIT VETVOICECAN.ORG TO DONATE, ADVERTISE
or FOR MORE INFORMATION PLEASE CALL (403)358-6313





VETERANS VOICES OF CANADA

Take one! 😊

"A Minute In History"

Monthly 2024 Edition
April newsletter



10 year anniversary! Flags of Remembrance 2024

This is the ten year anniversary of our emotional and patriotic tribute event which acknowledges the service and sacrifice of the approximately 128,000 Canadian killed and missing in action from the Boer War to current missions. We honour those and our all-important First Responder service personnel with sponsored Plaques of Honour.

Each September - November 12th ceremony sees many thousands of people witness our two month long tribute which runs over 1 kilometer in length at each of our tribute site communities.

On September 7th, 2024, military, First Responders and community will gather to witness, take part in and experience this emotional and patriotic tribute where we will again give tribute to our heroes with a remembrance ceremony you will not soon forget.

To support our organization or to sponsor your hero for 2024, please visit our website at vetvoicecan.org. Please help us in keeping history alive!



INTERESTING LOCAL FACTS

Penhold Air Force Base was begun in 1939 after farmland was purchased and land cleared for the future base. In 1940 the base opened as a Royal Canadian Air Force (RCAF) Manning Depot Five hangars and 31 other buildings were under construction well into 1941 including barracks, service buildings and administrative buildings. Six hard surfaced runways 900 to 1075 metres long made up the airfield. Two additional hangars were built for a total of seven. In August 1941, the base was handed over to the Royal Air Force and on 28 September 1941, No. 36 Service Flying Training School was transferred from Britain. It was one of several schools established as part of the British Commonwealth Air Training Plan. More than 130,000 crewmen and women were trained between 1939 and 1945, making this one of Canada's great contributions to Allied victory in the war. It reopened in 1952 training many RCAF personnel until again closing in 1994.



SIGNIFICANT DATES IN MILITARY HISTORY

9/4/1917

Vimy Ridge is captured by the Canadian Corps. Canadian casualties amounted to around 10,500, whereas the German defenders lost almost all their strength, including 4,000 prisoners. The capture of Vimy Ridge pointed to the future, where similar careful set-piece attacks in 1917 and 1918 established the Canadian Corps as a premier fighting force.

11/4/1921

Squadron Leader K. Tailor becomes the first Canadian Air Force officer to die in a flying accident when his Avro 504 aircraft crashes at Camp Borden.

11/4/1954

Squadron Leader R.G. Christie covers the nearly 4,000 kilometre distance from Vancouver to Ottawa in a record-breaking 3.46 hours in a CF-86 Sabre fighter aircraft.



OUR community matters (403) 864-5192
On the corner of 50th St. & Perry Dr.

10 Pelican Pl #110, Sylvan Lake, AB T4S 1K2



We NEED you!
Would you like to support our work AND advertise at the same time?

Contact us at
info@vetvoicecan.org

apollo
Cannabis Clinics
apollocannabis.ca
Tara Sterling
Key Account Manager, West
Cell: 1780.907.7990
www.spectrumtherapeutics.com
www.canopygrowth.com

Apollo provides exceptional care to Veterans of the Canadian Armed Forces, assisting with access to medical cannabis, VAC coverage, and ongoing support.

Parkland Mall

6359 50 Ave
Red Deer, Alberta T4N 6H3



We NEED you!
Would you like to support our work AND advertise at the same time?

Contact us at
info@vetvoicecan.org

Cameron Solutions

Debt relief and Financial Management

587-306-2288
www.camsol.ca
admin@camsol.ca

Better solutions, better results and better collaboration. Get a team to help you succeed!



Laugh Of The Day

-Ben joins the military.

Recruitment sergeant: What would you like to achieve?

Ben: I want to be a general after 2 years.

Recruitment sergeant: Are you insane?

Ben: Is that required?

-A Lieutenant who was driving down a muddy back road encountered another car stuck in the mud with a red-faced Colonel at the wheel.

"Your car stuck, sir?" asked the Lieutenant as he pulled alongside. "Nope," replied the Colonel, coming over and handing him the keys. "Yours is."

FOLLOW US @



VOLUNTEERS NEEDED!

Veterans Voices of Canada is seeking dedicated team players for the following volunteer positions:

- Community Information Representatives-
- Volunteer Co-Ordinator
- Flags of Remembrance-
- Museum volunteers-

For more information, please contact us via email.
volunteer@vetvoicecan.org



VOLUNTEER OF THE MONTH!

WO Ken Bilski, CD

Ken is one of our in-house model builders. A 25 year veteran of Royal Canadian Air Force, he finished his career as a AVN Technician (Aviation) at the rank of Warrant Officer. Ken completed service and was released on July 2005.



To receive our monthly newsletter by email, contact us at vvoc2022marketing@gmail.com

PLEASE VISIT VETVOICECAN.ORG TO DONATE, ADVERTISE

SUBSCRIBE