

- Dates to Remember September 22: No School, PD Day
 - September 30: National Truth and Reconciliation Day
 October 18: Parent Teacher Interviews
 - October 6: No School, Non Instructional Day
- October 9: No School, Thanksgiving
- · October 20: No School, PD Day

Dear Lakers and Laker families,

It has been another vibrant week at HJ Cody focussed on learning and positive culture. Our students are engaging in rich learning experiences in their core and complementary courses and are partaking in the many extracurricular activities such as the Drama production auditions, Football, Student Council, Volleyball, Interact, Cross Country, the GSA among many other clubs that are facilitated at our school. Students are informed of all the extra-curricular activities hosted at the school daily at the beginning of their Block 1 class. Parents can read the Daily Bulletin by signing into Powerschool through the parent portal.

We ask parents to please complete the re-enrollment form that has been emailed to you. This ensures that we have accurate demographic information for your child as well as provides consent for supervised walking trips in Sylvan Lake for such purposes as the school Terry Fox Run scheduled for October 4th and trips for other educational pursuits.

Each Wednesday students have a scheduled Connect block between Blocks 1 and 2. This is a mandatory scheduled class. In Connect, teachers work with their class to build positive school culture and climate as well as support your student with their postsecondary and career planning. Specific to grade 12, is support with financial literacy where students will build knowledge of future financial decisions they will face after high school.

Parents and guardians are invited to join us for the first School Council meeting on September 27th at 7 pm in Room 102. We value parental voice and involvement to continue to enrich the school experience for every Laker.

If you have not already done so, please follow our Facebook page (HJ Cody) to join us in celebrating our school and our amazing Laker students and staff. As always, please do not hesitate to reach out to me with any questions or concerns.

Kind regards,

Alex Lambert, Principal



Career Connections

On Tuesday, September 12th, 27 Universities, Colleges and recruiters visited HJ Cody to speak with students, and parents, about programming and starting their future plans. Trades programming, College admittance, scholarships and academic performance was discussed and students were given one on one time to have their questions answered, discover possibilities and explore what could lay in their future plans.

A special thank you to the parents that attended and an extra special thank you to the Town of Sylvan Lake, Christie Becker and her team at The Nexsource Centre, for the help with tables. Together we achieve so much more for our students and this amazing Lakers community.





Laker Friday

This Friday is Laker Friday! Let's see your red, black, and Laker pride.



Athletic Society Meeting

All parents are invited to the athletic society general meeting on September 26th at 5:00 pm in the Learning Commons.

We will be voting on new positions so we encourage everyone and anyone to come out!

Terry Fox

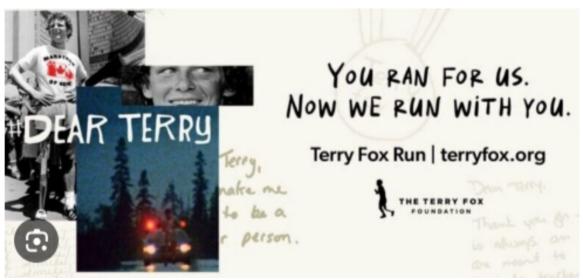
In 1980, he began the Marathon of Hope, a cross-country run to raise money for cancer research. Fox initially hoped to raise \$1 million, then \$10 million, but later sought to raise \$1 for each of Canada's 24 million citizens. To date, his legacy has led to over \$850 million raised for cancer research and the run occurs in 60 countries.

This year's Terry Fox Run will be held on October 4 and everyone is also invited to participate in the community run on September 17 which matches the date all over Canada. T-shirts were designed with support from Ryan Reynolds and may be ordered online at https://shop.terryfox.org/.

Our school goal this year is to raise \$2500 which is approximately \$3 from each student and staff member. Of course, the more donations that we collect, the quicker we can get a cure for all types of cancer.

The research shows that Terry would've survived his cancer if he was diagnosed today. His dedication has helped many Canadians survive through the innovative research that the Terry Fox Foundation has funded over the last 43 years.

H.J. Cody School Online Fundraising link: https://schools.terryfox.ca/HJCody Students may also bring donations to their CONNECT teacher from now until. The top two individuals will receive a Terry Fox T-shirt and the top class will receive some homemade treats.



To participate in school events where students will be leaving campus, they must have their School Engage update form completed by parents through powerschool. Everyone received an email about this. It only takes a few clicks (maybe 5 minutes) and we will stop bugging you about it. Please get this done today!

Canteen Menu

Monday- pizza and pop

Tuesday-taco in a bag and pop

Wednesday- 2 hotdogs, chips and pop

Thursday- grilled cheese, veggies and pop

Friday- burger and pop

All lunches are \$5.00

Pizza Pop and Cup of Noodles for \$1 each day







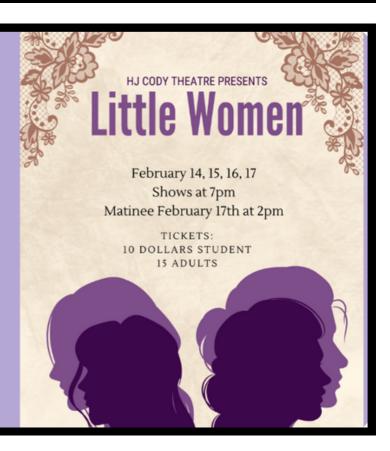
RDP IS HOSTING AN INFORMATION NIGHT

Red Deer Polytechnic is excited to be hosting an information night for parents of students who are interested in attending Red Deer Polytechnic. The event will be Tuesday, October 3 from 7-8 pm at the main campus.

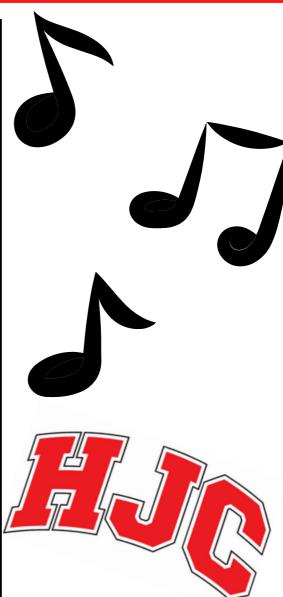
Contact Mr. Payne if more information is needed.

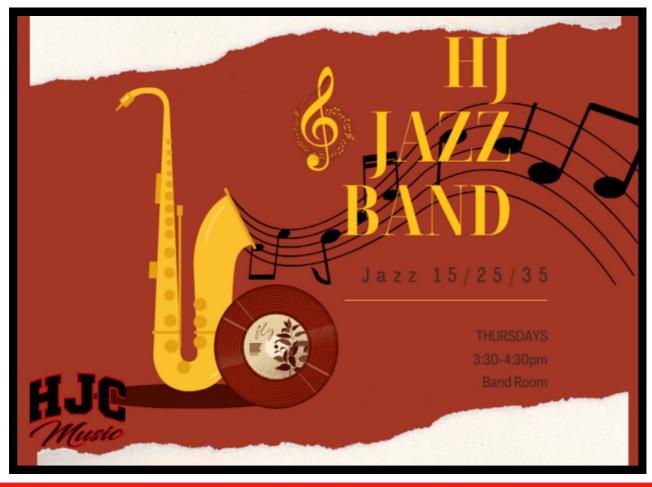
Auditions
Sept 20 & 21
3:30-6:00pm
In the Drama Room

Sign up for a slot See Ms.Latimer for Audition Materials











Explore our campus, and learn why Olds College of Agriculture & Technology is right for you!

School Groups - October 13 Public - October 14

Register to attend at: oldscollege.ca/OpenHouse





We are currently looking for School bus drivers in all areas. If you are interested in becoming a school bus driver please apply online at www.cesd73.ca under Careers/Casual

Support Staff, by email at transportation@cesd73.ca or by calling our office at 403-227-7072

Chinook's Edge is one of the largest school divisions in the province, serving over 11,000 students in 43 Central Alberta schools between Calgary and Red Deer. Our schools are located in 13 small communities that sprawl east and west from the Highway 2 corridor, conveniently providing Chinook's Edge staff and families with the best of both worlds





Family Enrichment September/October Programs

Let's Talk Boundaries and Healthy Relationships

September 08 10:00AM - 11:30 AM 1:00 PM - 2:30PM Helping Kids Get Enough Sleep

September 14 10:00AM - 11:30 AM

Digital World

September 21 10:00AM - 11:30 AM

Circle of Security

October 05,12,19,26 November 02,09,16 10:00AM - 11:30 AM Stress in the First Five Years

September 15 10:00AM - 11:30 AM

Stress in the Teen Years

September 29 10:00AM - 11:30 AM Stress in the Middle Years

September 22 10:00AM - 11:30 AM



Call to register



403 887 1137 EXT 400



Sylvan Lake
Wellness and
Community
Connection Centre
4725-43 Street
Sylvan Lake, AB
T4S 1M3



Caregiver Capacity Building

Alberta